Epigenetic modifications may affect gene expression and individual phenotype without changes in the genome sequence. Validation of recent hypotheses postulating ecological or evolutionary roles for epigenetic processes (Bossdorf et al., 2008; Jablonka and Raz, 2009) requires a deeper understanding of the magnitude, patterns, and consequences of epigenetic variation in natural environments (Richards et al., 2010; Richards, 2011). In the case of plants, inferences on the evolutionary and ecological significance of epigenetic processes have been mostly drawn from investigations in artificial environments on agricultural crop species or model species. A handful of studies on nonmodel plants in natural environments, however, support the notion that epigenetic processes may be important in ecology and evolution. Epigenetic modifications of DNA may influence ecological processes at the individual and population levels, including community productivity and stability, plastic responses to herbivory, colonization ability, population recruitment and inbreeding depression levels (Herrera and Bazaga, 2011, 2013; Latzel et al., 2012, 2013; Richards et al., 2012; Vergeer et al., 2012; Herrera et al., 2014). Nevertheless, considerable research effort on natural populations is still needed before the actual ecological significance of epigenetic variation can be confidently assessed.

Investigations on the ecological and evolutionary significance of epigenetic variation in plants have nearly always focused on cytosine methylation, the chief mechanism for epigenetic modification of DNA in plants (Finnegan et al., 1998; Grant-Downton and Dickinson, 2005, 2006). Methylated cytosines occur at variable local densities throughout genic and intergenic spaces (including transposable elements) of nuclear plant genomes, and cytosine methylation plays significant roles in the regulation of gene expression, control of genomic integrity, and plant growth and development (Richards, 1997; Finnegan et al., 2000; Cokus et al., 2008; Lister et al., 2008). Considerable evidence indicates that plant exposure to biotic or abiotic agents may induce broad changes in the pattern (distribution across specific sites or regions in the genome) and level (proportion of total cytosines that are methylated) of cytosine methylation (Steward et al., 2002; Chinnusamy and Zhu, 2009; Lira-Medeiros et al., 2010; Verhoeven et al., 2010; Herrera and Bazaga, 2013; Michalak et al., 2013; Yanez Barrientos et al., 2013). Next to nothing is known, however, on individual variation in global cytosine methylation level and its possible phenotypic correlates in wild plant populations.
For example, treatment with methylation inhibitors often induces alterations in plant size, fecundity, or time to flowering (Sano et al., 1990; Finnegan et al., 1996; Fieldes and Amyot, 1999; Tatra et al., 2000; Kondo et al., 2006), but it is unknown if the variation in these latter parameters that customarily occurs in wild plant populations bears some relationship to individual differences in cytosine methylation levels. This paper evaluates this possibility for the perennial herb *Helleborus foetidus*.

Previous studies exploring intraspecific variation in cytosine methylation level have usually relied on methylation-sensitive restriction endonucleases to assess cytosine methylation in anonymous 5′-CCGG-3′ tetranucleotides randomly distributed over the genome (methylation-sensitive AFLP [MSAP] technique; Cervera et al., 2002). Nevertheless, since the MSAP method probes an unknown, presumably small fraction of CCGG motifs in the genome, and methylated cytosines frequently occur also in other nucleotide contexts (particularly in plants; Gruenbaum et al., 2002), cytosine methylation estimates obtained with restriction endonucleases might not satisfactorily reflect global cytosine methylation in the genome as a whole. This latter magnitude can be accurately estimated by chromatographic methods (Rozhon et al., 2008; Koudou et al., 2010), but these techniques do not seem to have been applied so far to investigate DNA methylation in natural plant populations. We use here high-performance liquid chromatography (HPLC) to investigate natural intraspecific variation in global cytosine methylation and its possible correlation with size- and fecundity-related traits in wild-growing plants of *H. foetidus*. Results show that wild-growing individuals of this species differ significantly in cytosine methylation levels and that individual differences are predictably related to variation in size- and fecundity-related traits of ecological relevance.

**MATERIALS AND METHODS**

*Helleborus foetidus* (Ranunculaceae) is an evergreen understory herb widely distributed in western Europe. Plants consist of 1–20 distinct ramets, each of which eventually produces a single terminal inflorescence after 2–7 seasons of vegetative growth and dies after fruit maturation. Only a small number of each plant’s ramets (range = 1–5) flower in a given season. Flowering mostly takes place from February through April, each inflorescence producing 25–75 flowers, which are predominantly pollinated by bumblebees. Fruit maturation and seed shedding take place in June to early July.

In the spring of 2012, 20 widely spaced, inflorescence-bearing plants of *H. foetidus* were randomly selected in each of three sites in the Sierra de Cazorla, a forested mountain area in Jaén province, southeastern Spain. These 60 plants were the same studied by Herrera et al. (2013, 2014), who provide further details. A sample of young leaves at full-grown stage was collected from each plant on similar dates and dried at ambient temperature in silica gel. The following fecundity- and size-related plant traits were recorded at the time of leaf collection: number of vegetative and reproductive ramets, diameter of inflorescences at the base, number of flowers per inflorescence, and age in years of flowering ramets as determined from counts of the characteristic annual scars left on stems by late-season leaves. The number and proportion (relative to initial ones, “fruit set” hereafter) of follicles that developed into ripe fruits was later determined for each plant shortly before fruit maturation. Samples of ripe seeds were also collected, weighed individually, and a mean value for seed mass obtained for each plant.

Total genomic DNA was extracted from dry leaf samples using Qiagen DNAeasy Plant Mini Kit. A 100 ng sample was digested with 3 U of DNA Degradase Plus (Zymo Research, Irvine, California, USA), a nuclease mix that degrades DNA to its individual nucleoside components. Digestion was carried out in a 40 µL volume at 37°C for 3 h and terminated by heat inactivation at 70°C for 20 min. Digested samples were stored at −20°C until analyzed. To allow for a statistical test of the significance of individual differences, we prepared two independent replicates of DNA hydrolyzate for each plant, and the 120 samples (60 plants × 2 replicates) were processed in randomized order. DNA cytosine methylation was determined for each sample by reversed phase HPLC with a spectrofluorimetric detection technique modified after Lopez Torres et al. (2011). Derivatization with 2-bromoaceto-phenone was conducted under anhydrous conditions, and 2′-deoxycytidine and 5-methyl-2′-deoxycytidine were quantified by HPLC using Waters equipment (Waters 2695 Separations Module, Waters 2475 FLD) with a SunFire C18 column controlled by Empower software (Waters Corp., Milford, Massachusetts, USA). Equipment and detector were stabilized for >3 h, column temperature was maintained at 30°C, and each derivatized sample was automatically diluted (1:1) with deionized water immediately prior to injection. Fluorimetric detection was carried out at excitation/emission wavelengths of 306/378 nm, respectively. Global cytosine methylation was estimated for each sample as 100 × 5-mdC/(5mdC + dC), where 5mdC and dC are the integrated areas under the peaks for 5-methyl-2′-deoxycytidine and 2′-deoxycytidine, respectively. The position of the peak corresponding to each nucleoside was determined using commercially available standards (Sigma Aldrich), the method allowing also distinction from 5-hydroxymethyl-2′-deoxycytidine, which was not detected in our samples. Repeatability of independent measurements for the same plant, estimated with the intraclass correlation coefficient, was 0.95 (95% confidence interval = 0.92–0.97).

For determining whether individual variation in global DNA cytosine methylation explained a statistically significant fraction of individual differences in size- and fecundity-related traits, separate linear mixed-effect models were fit for each trait. Plant traits were treated in these models as dependent variables and global cytosine methylation as the single predictor. The 60 plants sampled were genetically structured, falling into one of two genetically distinct clusters as determined by applying Bayesian clustering to individual AFLP fingerprints (see Herrera et al., 2014, for details). Since the heterogeneous genetic background of the sample might contribute to individual differences in genomic methylation (Herrera et al., 2014), the possible confounding effect of genetic structuring on the trait–global methylation association analyses was corrected by incorporating genetic cluster as a random effect in the models (Price et al., 2010; Herrera et al., 2014). One plant yielded an unusually high cytosine methylation estimate (4.96 standard deviations greater than the sample mean), which persisted after two runs of independent analytical repetitions. To avoid spurious effects and conform with the normality assumptions of linear models, this extreme outlier (which otherwise was not an outlier for any of the traits considered) was omitted from trait–global methylation association analyses. Fecundity-related traits exhibiting nonnormal distributions (flower and fruit production) were log-transformed to achieve normality. All statistical analyses were carried out using the R environment (R Development Core Team, 2012). The line function from the nlme package was used to fit linear mixed-effect models.

**RESULTS**

Mean global cytosine methylation (±SE) in the sample of 60 *H. foetidus* plants studied was 29.5 ± 0.18%. As depicted in Fig. 1, there was significant spread of individual values around

Fig. 1. Frequency distribution of global DNA cytosine methylation (percentage of all genomic cytosines that are methylated) in the sample of *Helleborus foetidus* plants studied. Each plant was characterized by the mean value of two independent determinations.
the population mean (range = 26.4–36.6%; interquartile range = 28.9–30.2%). Between-plant heterogeneity in cytosine methylation level was statistically significant ($\chi^2 = 114$, df = 59, $p << 0.001$, Kruskal–Wallis rank sum test). Statistical significance of individual differences was unaffected by removal of the extreme outlier at the right tail of the distribution (Fig. 1) ($\chi^2 = 112$, df = 58, $p << 0.001$).

Sampled plants differed broadly in all size- and fecundity-related traits considered, as denoted by the broad ranges of variation (Table 1). After statistically accounting for the different genetic backgrounds represented in the sample, we found that individual variation in percentage of cytosine methylation explained significant proportions of individual variance in seven of the nine plant traits considered, namely, the number of total, vegetative, and reproductive ramets; age of flowering ramets; inflorescence diameter; total number of flowers; and total number of seed-bearing follicles produced (Table 1). The relationships with fruit set and mean seed mass were statistically nonsignificant (Table 1). 

DISCUSSION

DNA cytosine methylation is a common phenomenon in plants, able to alter gene expression and modify phenotypic traits in the absence of DNA sequence change. Global cytosine methylation measurements do not provide information on the genomic positions at which methylation occurs. Its variation, however, is commonly associated with modifications in the methylation status of specific genic and intergenic regions, which has functional consequences in terms of altered gene expression or genomic instability (McCIntock, 1984; Messegueur et al., 1991; Steward et al., 2002; Feschtte and Pritham, 2007; Bonchev and Parisis, 2013). Mean global cytosine methylation for *H. foetidus* found in this study falls near the upper limit of the range previously reported for species of angiosperms (5–37%) (Messegueur et al., 1991). Methylation level differed significantly among conspecific plants, and the range of individual differences in *H. foetidus* was as broad or broader than the differences between some species (Messegueur et al., 1991). To our knowledge, the results for *H. foetidus* presented here provide the first direct demonstration of significant individual heterogeneity in global DNA cytosine methylation for a wild-growing plant. Since leaf samples were collected from all plants at similar dates and identical developmental stage, individual differences in cytosine methylation level can be interpreted as an indication that *H. foetidus* plants sampled were intrinsically heterogeneous in their epigenetic characteristics.

Observed variation among *H. foetidus* plants in global cytosine methylation level may reflect the combined action of ecological factors acting either on the plants themselves or on their immediate ancestors. Experimental studies have often documented short-term alterations in genomic methylation levels following plant exposure to pathogens, herbivores, low temperatures, or water stress (Steward et al., 2002; Lukens and Zhan, 2007; Peng and Zhang, 2009; Verhoeven et al., 2010; Grativil et al., 2012). Differential exposure of *H. foetidus* plants during their lifetimes to a variable constellation of stressors could therefore have led to observed intraspecific heterogeneity in cytosine methylation levels. For example, drought stress and low nitrogen availability are known to increase global cytosine methylation level in some species (Labra et al., 2002; Bian et al., 2013); hence, the variable methylation level of *H. foetidus* plants might reflect the variable quality of their respective growing microsites with regard to water stress or nitrogen availability. The inverse relationship found here between global cytosine methylation and reproductive output is compatible with this interpretation, but the environmental data required to evaluate the hypothesized connection between global cytosine methylation and environmental characteristics of the plants’ growing microsites are not available. Individual differences in global methylation might also reflect variable “stressful memories” (Bruce et al., 2007), or the differential exposure of the plants’ ancestors to biotic and abiotic stressors operating in the past. As in many other plants (Kakutani, 2002; Jablonka and Raz, 2009), most cytosine methylation marks are transgenerationally heritable in *H. foetidus* (Herrera et al., 2013), and maternal differences in global cytosine methylation are probably preserved in the progeny.

Individual variation in global cytosine methylation was correlated with fitness-related, ecologically relevant traits in *H. foetidus*. Plants with relatively hypomethylated genomes were at a comparative size and fecundity advantage over those with relatively hypermethylated ones. In the long run, these individual differences in size- and fecundity-related traits should eventually translate into differential survival, longevity, and seed production of individuals.

| Table 1. Statistical tests of the relationship between individual variation in global DNA cytosine methylation (proportion of total cytosines that are methylated) and size- and fecundity-related traits in the sample of *Helleborus foetidus* plants studied. |
|----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|
| Individual trait | Range     | Parameter estimate (±SE) | $F_{1,56}$ | $P$-value |
| Number of vegetative ramets | 0–21 | $-1.021 \pm 0.460$ | 4.93 | 0.030 |
| Number of reproductive ramets | 1–5  | $-0.261 \pm 0.097$ | 7.20 | 0.010 |
| Number of total ramets | 1–24 | $-1.285 \pm 0.487$ | 6.95 | 0.011 |
| Age of flowering ramets (yr) | 2–6  | $+0.374 \pm 0.109$ | 11.71 | 0.001 |
| Basal diameter of inflorescence (mm) | 7.2–18.0 | $-0.728 \pm 0.257$ | 8.03 | 0.006 |
| Flower production (total number of flowers) | 16–255 | $-0.080 \pm 0.026$ | 9.64 | 0.003 |
| Fruit production (total number of seed-bearing follicles) | 19–440 | $-0.105 \pm 0.030$ | 12.06 | 0.001 |
| Fruit set (percentage of initial follicles eventually bearing seeds) | 34.1–98.7 | $-0.017 \pm 0.015$ | 1.30 | 0.26 |
| Mean seed mass (mg) | 7.6–16.5 | $+0.270 \pm 0.158$ | 2.93 | 0.093 |

* Log$_{10}$-transformed for the analysis.
differing in methylation level. Cytosine methylation level was not found to be significantly related to fruit set and individual seed mass. In the study area, fruit set and seed mass of \textit{H. foetidus} are often limited by pollen quantity and quality (Herrera et al., 2001; Herrera, 2002); hence, individual variation in these reproductive parameters is likely to depend more on frequency and quality (i.e., relative proportion of self and cross pollen) of pollination than on the amount of resources allocated by plants to sexual reproduction. Demonstrating that observed correlations between cytosine methylation and individual traits stem from a causal link between epigenetic and phenotypic features will require experimentation, e.g., through artificial manipulation of methylation level by application of methylation inhibitors (Fieldes and Amyot, 1999; Vergeer et al., 2012). Nevertheless, the frequent experimental demonstration under artificial conditions of a causal association between global cytosine methylation and plant size and sexual reproduction (Sano et al., 1990; Finnegan et al., 1996; Fieldes and Amyot, 1999; Tatra et al., 2000; Kondo et al., 2006) strongly supports the view that differences in global cytosine methylation may contribute to generate the intraspecific heterogeneity in size and fecundity that characterizes populations of \textit{H. foetidus} and many other plants (Herrera and Jovani, 2010, and references therein). If this causal link were proven by future experiments, the implications of epigenetic variation in natural plant populations would be considerably broadened, since variance in fecundity may decisively influence patterns of selection, population recruitment, and the temporal dynamics of populations (Gillespie, 1974; Harper, 1977). In conclusion, this study confirms in a natural scenario the association between global cytosine methylation and fitness-related traits previously found by experimental investigations. Individual variation in cytosine methylation was correlated with differential sexual reproduction, which might eventually lead to epigenetically based patterns of selection and population dynamics in \textit{H. foetidus}. These findings provide novel insights on the potential ecological significance of cryptic epigenetic heterogeneity in wild plant populations.

\begin{figure}[h]
\centering
\includegraphics[width=\textwidth]{fig2.png}
\caption{Relationship between global DNA cytosine methylation (percentage of all genomic cytosines that are methylated) and (A) basal diameter of inflorescence, (B) flower production, and (C) follicle production in the studied sample of individual plants of \textit{Helleborus foetidus}. Least-squared fitted regressions are shown only for reference: see Table 1 for results of significance tests based on linear mixed model fits to the data.}
\end{figure}

\section*{LITERATURE CITED}


